

LUNA FITNESS CLUB

FALL CLASS SCHEDULE 2024

735 Morrissey Blvd Boston MA 02122 617 265 1994 lunafitnessclub.com

MONDAY

6 pm SPIN CLASS

7 pm YOGA (YIN MEDITATION)**

TUESDAY

6 pm ZUMBA

7 pm HIP HOP AEROBICS I

WEDNESDAY

6 pm TOTAL BODY BLAST

7 pm YOGA (ROOT HATHA) **

SATURDAY

8:45 am HIP HOP AEROBICS II**

9:45 am ZUMBA

SUNDAY

11 am YOGA (FLOW)



LUNA
FITNESS CLUB

** PREMIUM CLASSES AVAILABLE FOR SMALL FEE. REGISTER AT FRONT DESK